

## Dress Code (Boys)

**HAIR COLOR** – Boys are to maintain a natural hair color. Multi-colored or non-natural colors (pink, purple, green, blue, etc.) are not allowed.

**HAIR STYLE** – Boys' hair must be off the collar and ears, and sideburns no longer than the middle of the ear. It should stay clear of the face and eyes.

**FACE** - No facial hair is allowed.

**EARS** – No jewelry is allowed.

**NECK** – No jewelry is allowed.

**TORSO** – Boys are allowed to wear a uniform blue, cobalt, orange spice, teal or gray polo (long or short sleeved) with SAINTS embroidery. These can be purchased (new) from Land's End (landsend.com) or our Heartland Gear Provider <https://www.prospherefanshop.com/ts040916/> or (used) from the Heartland FB page.

- The polo should not be form fitting.
- For added warmth, boys may wear an approved Saints hoodie or sweater. It is not allowable to wear a long-sleeved shirt under a short-sleeved polo.

**HANDS** – No rings or bracelets (bands) are allowed.

**LOWER BODY:** -Boys may wear Khaki, Navy, or Charcoal Gray full-length pants. Cargo Pants and Athletic pants are NOT allowed.

**A BELT** is required for grades 6-12. A belt is optional in grades K-5.

**FEET** – Any style of comfortable non-marking-sole shoe may be worn. Neither sandals, slides, nor flip-flops are allowed.

## PE UNIFORM (Boys)

Grades K-5 are not required to have a specific PE uniform. The daily uniform is sufficient.

A PE uniform shirt is available for purchase from the FB Uniform Page (This is a requirement for grades 6-12 only).

Boys in Grades 6-12 may wear athletic pants of any color/style, but they should be loose fitting.

Tennis shoes are required at PE time.

# Dress Code (Girls)

**HAIR COLOR** – Girls are to maintain a natural hair color. Multi-colored or non-natural colors (pink, purple, green, blue, etc.) are not allowed.

**HAIR STYLE** – Girls should keep their hair neat and back away from the face and eyes. Their hair should be allowed to grow long and be distinctly feminine.

**FACE** – Cosmetics (facial make-up, eye makeup) are to match the student's natural skin-tone ONLY for a *barely there* outcome.

**EARS** – No jewelry is allowed. Students may cover earrings with band aids if they cannot be removed. Clear plastic posts may also be worn instead of band aids.

**NECK** – No jewelry is allowed.

**TORSO** – Girls are allowed to wear a uniform blue, cobalt, orange spice, teal, or gray polo (long or short sleeved) with SAINTS embroidery. These can be purchased new from Land's End (landsend.com) or our Heartland Gear Provider <https://www.prospherefanshop.com/ts040916/> or used from the Heartland FB page.

- The polo should not be form fitting.
- For added warmth, girls may wear an approved Saints hoodie or sweater. It is not allowable to wear a long-sleeved shirt under a short-sleeved polo.

**HANDS** – No rings or bracelets (bands) are allowed.

**FINGERNAILS** – Nails should be at a moderate length at most. Nail polish is to match the student's skin tone for a *barely there* outcome. Artificial nails are not allowed.

## WAIST-TO-2" BELOW THE KNEE

- Grades K-5 are allowed to wear a skirt or athletic skort
- Grades 6-12 are limited to an athletic skort (Amazon link: <https://a.co/d/g1WUuqO> or <https://a.co/d/g1WUuqO>)

**COLOR:** Navy, Khaki, and Charcoal Gray are the only 3 options. (These do NOT include other shades of blue, brown, or black/heathered gray etc.) No adornment or accent trim is acceptable.

**FABRIC:** Durable woven or knit fabrics are acceptable if it is NOT sheer. (Under normal lighting conditions the silhouette of legs should not be visible.)

**FIT:** The skirt/skort should have sufficient fullness that is suitable for physical activity. The garment must fall loosely below the derriere - not form fitting.

It needs to have a hem that falls two inches below the knee (sitting or standing).

**STYLE:** Skirt may NOT have a SLIT in any location or of any length. Skirt may NOT be wrap-style, nor a button-down style.

**LEGS** – Leggings (not pants) that closely match the skirt color may be worn in addition to the skirt, but not INSTEAD of a skirt.

**FEET** – Any style of comfortable non-marking-sole shoe may be worn. Neither sandals, slides, nor flip-flops are allowed.

## **PE UNIFORM (Girls)**

Grades K-5 are not required to have a specific PE uniform. The daily uniform is sufficient.

A PE uniform shirt is available for purchase from the FB Uniform Page (This is a requirement for grades 6-12 only)

Girls in Grades 6-12 may wear the athletic skirt that is worn in the LC, OR a custom fit culotte purchased from HCS.

Tennis shoes are required at PE time.